THE HOLY EUCHARIST —THE TRIPLE SACRAMENT, THE TRIPLE SOURCE OF GRACE

Supernatural Virtue of Charity – to love God and others more deeply, more firmly and more generously.

HOLY SACRIFICE OF THE MASS SACRIFICE-SACRAMENT

Visible Sign

Separate Consecration — Double Consecration

Distinctive Sacramental Grace Infallibly Conferred

To love God with the generosity of Self-Surrender —The Grace to surrender our wills completely to the will of God.

HOLY COMMUNION COMMUNION-SACRAMENT

Visible Sign

Receiving the Holy Eucharist into the mouth as Food and Drink to supernaturally nourish our souls.

Distinctive Sacramental Grace Infallibly Conferred

To love God above all things and to love others as Christ loves them.

REAL PRESENCE PRESENCE-SACRAMENT

Visible Sign

Consecrated Host & Chalice of Precious Blood.

Distinctive Sacramental Grace Infallibly Conferred

A Sense of Intimacy with Christ—that we think of Him and love Him—with a growing awareness of His presence. This means:

- 1) A growing consciousness that Jesus is risen and glorified and alive as Godbecome-man.
- 2) A growing attention to His existence as the Son of God Who became the Son of Mary, Who is now at the right hand of His Father.
- 3) A growing awareness of His continuous activity in the Church He founded, through her teaching hierarchy under the successor of Peter, and through the Sacraments of which Christ is the Principal Agent.
- 4) A growing sense of the indwelling of His Spirit of Love in our souls by sanctifying grace.
- 5) A growing belief that every person, every event, every apparently casual occurrence in our lives is really Jesus Christ working in the world of space and time to channel to us the graces He won for us on Calvary.
- 6) Above all, a growing realization that He is on earth, in our midst, no less than in Palestine.